

DAY	BREAKFAST	MORNING	LUNCH	AFTERNOON	DINNER	NIGHT
Thursday Oct 29 ARRIVAL	LOGISTICS In transit from LAX	LOGISTICS Land, check in near Parque México	MEAL Con Vista al Mar, Roma Norte Mariscos — a festive first meal in the city	LOGISTICS Settle in, rest up	MEAL Tacos Orinoco, Condesa Easy, casual first night	DANCE Handshake, Juárez → El Babalu, Juárez Cocktails, then live salsa — book Handshake ahead
Friday Oct 30 PYRAMIDS	MEAL Panadería Rosetta, Roma Norte Get the guava roll before the early departure	SIGHT Pirámides de Teotihuacán Early start, roughly a half-day round trip	MEAL Near the pyramids site	LOGISTICS Return to the city, rest	DANCE Cumbia workshop, in the villa	DANCE Salón Palomilla, Roma Norte Open-roof rooftop, easy nightcap
Saturday Oct 31 MUSEUM + KAYAK	MEAL Café Nin, Juárez Quick bite before heading out early	SIGHT Kayak Xochimilco — self-paddled Book a mid-morning slot (around 10:30am) ahead — the popular sunrise slot fills fast	MEAL Fonda Margarita, Del Valle Anthony Bourdain-recommended, on the way back	SIGHT Museo Nacional de Antropología	MEAL Restaurante Rosetta, Roma Norte ★ Michelin star — reserve ahead	DANCE Cananea, Juárez Upstairs dancing — cumbia, banda, reggaetón
Sunday Nov 1 GRAND PARADE	MEAL Pigen or Romaquil, Roma Norte Build-your-own chilaquiles	LOGISTICS Claim a spot on Reforma by 10–11am Glorieta del Ángel or Glorieta de la Palma are the best free views	MEAL Tacos Orinoco, Juárez Quick and close to the Reforma route — long day ahead	SIGHT Desfile de Día de Muertos, ~2pm Then the Ofrenda Monumental in the Zócalo	MEAL Angie's Quesadillas or Churrería El Moro Quick and easy near the route	SIGHT Panteón de San Fernando — candlelight vigil Historic cemetery in the city center, about 15–20 min away. Opens for Día de Muertos Oct 31–Nov 5 with candles, ofrendas and performers in the grounds — all the atmosphere of Mixquic, none of the two-hour drive.
Monday Nov 2 FRIDA + PUJOL	MEAL Mendl's, Condesa Later start after last night — all-day breakfast	LOGISTICS Recover, slow start	MEAL Páramo, Roma Norte Tacos and mezcal	SIGHT Museo Frida Kahlo Book timed entry ahead — sells out	MEAL Pujol, Polanco ★ Michelin star, mole tasting menu — should already be booked	DANCE Mama Rumba, Roma Norte Live salsa
Tuesday Nov 3 DEPARTURE	MEAL Romaquil or one more Panadería Rosetta run	LOGISTICS Free time / shopping, Roma–Condesa Last churro stop at Churrería El Moro	MEAL Kura or Con Vista al Mar Light farewell meal	LOGISTICS Depart for airport	MEAL Optional, if your flight's later: Darosa, Juárez Italian — a relaxed way to close things out	—